

VERY IMPORTANT RULES OF USE

Plastic studs or blades are the preferred footwear to be used.

No metal studs or blades footwear, or ladies heeled shoes.

Please avoid flat soled trainers where possible as they damage the surface.

Clean all footwear before using the surface (no dirt, grit, mud, etc to be carried in).

Absolutely no spitting is permitted in the Sports Hall or attached annex.

No smoking or chewing gum is permitted in the Sports Hall or attached annex.

No glass items to be taken into the Sports Hall.

No food or liquids, other than water, to be taken into the Sports Hall.

No littering - ensure that all rubbish is correctly disposed of in the bins provided.

No jewellery allowed whilst participating in activity in the Sports Hall.

No dragging or tugging of furniture & equipment – ensure all furniture & equipment is lifted or wheeled.

No pets or animals are allowed upon the surface.

Report any dirt, debris or damage found to the Charity immediately.

All efforts must be made to avoid balls and other sports equipment making contact with the lights or roof of the hall.

Please remember, this is an indoor carpeted area with no drainage, which requires specialist cleaning equipment – please respect the facilities, which are provided by volunteers, thanks to generous donations of money, services and time – thanks, TCMF